



Changing to a New Formula

Liquid Concentrate

Most babies will change to a new formula without any problems

Tips

- Ⓢ It is best to feed your baby when he or she is hungry.
- Ⓢ Be patient and give your baby time to adjust. If you have questions, talk to your WIC staff or your health care provider.

Did you know?

- Ⓢ Your baby's stool (poop) may look and smell different when you change formulas. This is normal.
- Ⓢ Your baby may burp or spit up a little more at first.
- Ⓢ Every formula tastes a little different. If your baby tried the new formula and did not like it, try changing formulas little by little, by using the directions below.

Directions for Helping Your Baby Change to the New Formula:

Step 1: Mix 13-ounce can of the new brand formula + 13-ounce can water = 26 ounces new.

Step 2: Mix 13-ounce can of old brand formula + 13-ounce can water = 26 ounces old.

Note: This makes enough formula (52 ounces) for about 2 days.

Step 3: Follow the directions below to make a 4 or 6 ounce bottle.

4-Ounce bottle	
Day 1	Mix 3 ounces old brand of formula 1 ounce new brand of formula
Day 2	Mix 2 ounces old brand of formula 2 ounces new brand of formula
Day 3	Mix 1 ounce old brand of formula 3 ounces new brand of formula
Day 4	Use 4 ounces new brand of formula

6 Ounce Bottle	
Day 1	Mix 4 ounces old brand of formula 2 ounces new brand of formula
Day 2	Mix 3 ounces old brand of formula 3 ounces new brand of formula
Day 3	Mix 2 ounces old brand of formula 4 ounces new brand of formula
Day 4	Use 6 ounces new brand of formula